



Athletic Code of Conduct

STATEMENT OF PHILOSOPHY

At **Best Speed Baseball**, we believe that participation in our program can provide players the opportunity to improve both mentally and physically. We pride ourselves in teaching the proper way to play and practice, as well as strive to get the most out of our players with the intention of them moving on to play at a higher level. Important life lessons will also be taught through the mental and physical challenges of training and competition and through the experiences of winning and losing graciously and respectfully.

PROGRAM GOALS

Best Speed Baseball is a place that players participate in baseball in our program for the following reasons:

1. Enjoyment of the Game
2. Enjoyment of the Facility
3. Self-Improvement
4. Personal and Team Competition
5. When you play for **Best Speed Baseball**, you are not allowed to play for any other travel/academy teams.
6. Grades are very important. We require a 2.5 GPA at all times (grade checks monthly)
7. Exposure

Therefore, **Best Speed Baseball** will commit to the following:

1. Offer players an enjoyable experience
2. Promote personal improvement in skills, physical condition and knowledge of the sport
3. Provide the greatest possible opportunity for athletes to participate in both competitive practices and games
4. Making sure each player has a commitment to competition at all times.
5. Promote programs of excellence that accomplish the above and lead to success on and off the field

In order to achieve these goals, we hold the following positive expectations for our staff, players and parents:

OUR COACH'S CODE

The Program Director and Coaches are leaders, dedicated to more than the basics of competition. As professional educators, leaders, and role models for players, **Best Speed Baseball** coaches and Program Directors will:

- Exemplify the highest character as a role model for young people
- Recognize the individual worth and reinforce the self-image of each team member
- Establish a realistic team goal or vision for each season and communicate that to the athletes and parents
- Encourage and assist players to set personal goals
- Strive to develop the qualities of competence, character, civility and citizenship in each player
- Provide a safe, challenging and encouraging environment for practice and competition
- Gain an awareness of the importance of prevention, care, and treatment of athletic injuries
- Teach and abide by the rules of the game
- Build and maintain ethical relationships with coaches and administrators
- Strive for excellence in coaching skills and techniques through professional improvement
- Be modest in victory and gracious in defeat

OUR PARENT'S CODE

Parents play a vital role in the development of their sons and the success of the **Best Speed Baseball** program. Therefore, we expect parents to do the following:

- Be a positive role model through their own actions to make sure their child has the best experience possible
- Be a fan of the team, not just a fan of your son
- No entering dugouts, practices or games unless requested or asked by a member of the **Best Speed Baseball** staff (Injuries are the only exception)
- 24-hour period after games to ask your coach questions and/or concerns about your player's performance (Please respect this rule)
- Show respect for the opposing players, coaches, and spectators
- Be respectful of all officials' decisions
- Do not instruct their children before or after a game, because it may conflict with the coach's plans and strategies
- Praise their son in their attempt to try to improve themselves
- Gain an understanding and appreciation for the rules of the contest
- Help their child learn that success is experienced in the development of their skills and that they can feel good about themselves, win or lose
- Address problems or concerns with coaches and directors in an appropriate manner, including proper time and place. Be sure to follow the chain of command (Coach, Head Instructors, Instructors, etc.)
- Do not engage in any behavior which would endanger the health, safety or well-being of any coach, parent, player, participant, official or any other attendee
- Encourage your child to treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, national origin, sex, sexual orientation or ability

- Do not encourage your child, or any other person, to initiate a fight or scuffle with any coach, parent, player, participant, official or any other attendee
- Respect the coaches and program directors decisions. **Best Speed Baseball** is always looking out for the best interest of the player

OUR BALL PLAYER'S CODE

Given our belief that baseball and softball provides a unique opportunity for the development of the physical conditioning, athletic skill, and character traits, we expect every **Best Speed** athlete to strive for the following:

Competence

- To develop the skills necessary to participate competently in the game
- To demonstrate knowledge of the rules and conventions of the game
- To demonstrate knowledge of the strategies of the game
- Obtain and commit to the THREE C'S (*Confidence. Compete. Challenge*)

Character

- To be dependable in fulfilling obligations and commitments
- To accept responsibility for consequences of actions, to not make excuses or blame others
- To strive to excel
- To be committed
- To persevere, give 100% effort and not give up in the face of setbacks
- To demonstrate truthfulness
- To play by the rules of the game
- To refrain from engaging in any behavior this would endanger the health, safety or well being of any coach, player, parent, participant, official, or any other attendee
- To accept losing and winning graciously; by congratulating opponents and by not sulking or displaying other negative behaviors

Civility

- To refrain from "trash talk" and other put-downs of opponents and teammates
- To treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, national origin, sex, sexual orientation or ability
- To refrain from a fight or scuffle with a coach, player, parent, official, or any other attendee
- To be fair and treat others as one wishes to be treated
- To understand that the coach's decision is in the best interest for myself
- To listen to and try to understand others
- To be compassionate and sensitive to others
- To actively support teammates and others

Citizenship

- To be faithful to the ideals of the game, including sportsmanship
- To keep commitments to the team (This means if you are with **Best Speed Baseball** you are not to be playing for any other Travel Ball Program)
- Players are able to play for their respected Little Leagues, Cal Ripken, Babe Ruth and High School teams as long as notice has been given. High School Baseball and High School team functions come before **Best Speed Baseball** commitments
- To show team spirit, encourage others and contribute to good morale
- To put the good of the team ahead of personal goals
- To set a good example for teammates, younger athletes, and fans

FAILURE TO ABIDE TO THE CODE

Failure to abide to the code while attending, coaching, officiating or participating at **Best Speed** sporting events will be subject to disciplinary action, including but not limited to the following in any order or combination:

1. Verbal warning issued by a **Best Speed Baseball** Staff Representative
2. Immediate ejection from that event followed by a written warning issued by a **Best Speed** Staff member or, on-site director of tournament/league or game official
3. If multiple offense occurs suspension from all **Best Speed Baseball** activity for a minimum of a week (Possible more if the infraction is deemed such)
4. If further discipline is to be taken, a meeting with our executive board of directors to determine players or parents future within our program

Parent Signature: _____

Childs Signature: _____

Date: _____

